

Anti-bullying Strategy

Anti-Bullying Policy

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1.0 Roles and Responsibilities

1.1 The responsibility for the implementation of this policy and provision rests with the Principal. On an operational basis, the management, responsibility and evaluation of this policy is undertaken by the **Principal**.

1.2 It is important to note that every member of staff is responsible for ensuring that this policy is fully implemented and that in situations not covered by this policy, staff must act in the best interest of the student, as any responsible parent would act.

1.3 The Academy fully supports the DfE initiative: 'Bullying – A Charter for Action' and the Academy will work towards the full implementation of the guidance in this.

2.0 Suggested Audience

All academy staff. As part of their academy induction or professional development, all academy staff will consistently apply the knowledge, principles and processes outlined in this policy.

3.0 Related Policies

This policy complies with the Equality Act 2010 and is part of a suite of academy policies which should also be referred to:

- Child Protection Policy
- Behaviour Policy
- Safer Recruitment and Procedures Policy
- Complaints Procedure
- Equality and Diversity Policy
- Health and Safety Policy
- ICT Policy and Procedures
- Safeguarding Children and Promoting Children's Welfare

4.0 Academy Mission Statement

'Together we are Stronger' [Type text] 4 of 13 St Wilfrid's Academy – Anti-Bullying Policy

5.0 Aims

5.1 The academy is a member of the School Partnership Trust Academies (SPTA). It works closely with other SPTA academies and with members of SPTA's Core Team and other personnel to ensure that this policy is fully implemented.

The academy has clear aims for its anti-bullying policy:

- ☑ To create an environment where bullying is not tolerated, where every student is recognised, welcomed and valued
- ☑ To ensure that all students are aware of their rights and responsibilities and know how to seek help if those rights are infringed
- ☑ To encourage our students to work collaboratively together, develop positive relationships and offer each other mutual support and respect
- ☑ To encourage our students to act respectfully and considerately at all times
- ☑ To raise awareness and provide our students with the skills, knowledge and confidence to deal effectively with all instances of bullying, through a co-ordinated programme involving PSHE, assemblies, pastoral support and peer mentoring approaches
- ☑ To use the processes around Restorative Justice
- ☑ To review and monitor the effectiveness of our anti-bullying policy on an annual basis

5.2 Bullying, in whatever form, detrimentally affects the ability of our students to achieve and progress to the best of their ability, their well-being and will not be tolerated in any form, or to any degree.

5.3 The academy has an anti-bullying policy that reflects the aims and policies of the DfE reflected in, 'Don't Suffer in Silence', an anti-bullying pack for schools www.governor.co.uk. This complies with the Human Rights Act 1998 and Race Relations (Amendment) Act 2000 and 'Safe to Learn: Embedding Anti-bullying work in Schools' (2007) the full guidance can be accessed at:

5.5 Key objective: We will work hard to ensure that bullying plays no part in our community by proactively working with all students, their families and our staff to eradicate it and promptly dealing with all reported incidents.

5.6 Purpose of this policy: This policy will provide clear guidance for staff on dealing with bullying incidents and the process by which the academy will seek to eradicate this issue. [Type text] 5 of 13 St Wilfrid's Academy – Anti-Bullying Policy

6.0 Bullying Defined

6.1 Bullying manifests itself in a number of ways:

- ☑ Physical e.g. Assaulting a person or damaging their property
- ☑ Verbal e.g. Name calling or teasing, including homophobic abuse
- ☑ Sexually aggressive behaviour
- ☑ Indirect e.g. Damaging the reputation or character of the victim, or socially excluding them from games or conversation
- ☑ Cyberbullying. Examples include: texting, e-mails or other digital communication, e.g. Chat rooms and social networks. (This is a particularly nasty form of bullying, as the bullying follows the victim into the home and outside of school hours.)

6.2 No matter what form bullying takes, it is all abhorrent and damages both the victim and the bully to differing extents. St Wilfrid's Academy will make use of the best information and practices available to eradicate this problem.

6.3 Bullying affects the ability of a student to fully participate in and enjoy academy life and it is both an equal opportunities issue as well as a disciplinary offence, which the Principal, Governors and staff will do all in their power to resolve.

7.0 Preventing Bullying

7.1 St Wilfrid's Academy has a clear strategy, which it will share with all staff through a dedicated professional development programme. This strategy is clearly and comprehensively communicated to every member of our student population, their families and where appropriate with the community.

7.2 This strategy has been developed using current best practice not only from the UK, but also where appropriate, taking into account of successes of schools in other countries.

7.3 the academy will take every opportunity to demonstrate to students, through the curriculum (PSHE programmes and Anti-Bullying Week), pastoral programmes, displays, assemblies and by example, that it is totally opposed to bullying.

7.4 the academy has 'Special Safe Places' which vulnerable or sensitive students can freely access at breaks and lunchtimes, such as dedicated spaces which will have support staff in attendance.

7.5 Expert opinion says that bullying is a response to powerlessness. We will seek to engage all our students through our pastoral programme.

7.6 Staff will not ignore bullying or suspected bullying. All academy staff will intervene to prevent bullying incidents from taking place. After initial intervention, a referral will be made to the student's tutor or in their absence, the Vice Principal.

7.7 We will encourage students to report any incidents of bullying to a teacher or other adults at the academy.

Students will be told that they may bring a friend with them if they wish. [Type text] 6 of 13 St Wilfrid's Academy – Anti-Bullying Policy

7.8 We will ensure that all staff, students and parents/carers are aware of the academy's Anti-Bullying Policy.

7.9 Staff will praise and encourage students when they show kindness and consideration to others.

8.0 Recognising the signs of bullying

8.1 St Wilfrid's Academy recognises that any student can be bullied but certain factors can make bullying more likely:

1. A lack of close friends
2. Shyness
3. Race, religion, sexual origination or social class
4. A disability of difficulty

8.2 Staff will suspect bullying is occurring if a student:

1. Becomes withdrawn or anxious.
2. Shows deterioration in his/her work.
3. Starts to attend erratically.
4. Has a spurious illness.
5. Persistently arrives late.
6. Prefers to stay with adults.

8.3 Other signs may be that the student:

- Does not want to walk to and from the academy
- Does not want to use public transport or the academy bus
- Insist that they are driven to and from the academy
- Changes their normal routine
- Begins to truant for no apparent reason
- Becomes withdrawn or displays a sudden lack of confidence
- Is reticent to speak to other peers or teachers
- Attempts or threatens to commit suicide
- Runs away from home
- Is upset at night and has displayed a disruptive sleep pattern linked with increased nightmares
- Is continuously complaining of feeling unwell in the morning and at School Partnership Trust Academies
- Displays a downturn in their academic standards
- Possessions and clothes torn or damaged or go missing
- Asks for money or steals money (to pay bully)
- Loses dinner money on a regular basis
- Has a sudden increase in bruises or cuts which the pupil finds difficult or unwilling to explain
- Comes home hungry
- Stops eating
- Suddenly displays unusual aggressive and disruptive behaviour
- Starts to bully other peers or family siblings

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Is reticent or unwilling to talk about what is going wrong

8.4 If you suspect a student is being bullied share your concerns must be raised with the appropriate member of staff or Vice principal in their absence. Monitor the health and behaviour of the student carefully and be prepared to promptly deal with any deterioration. If any deterioration is noted, agree with the student's tutor and other colleagues the most appropriate support, which may involve parents/carers.

8.5 Any student who has knowledge of an incident of bullying must tell someone about it. This could be:

- Any member of staff
- The Education Welfare Office – Gail Wilkinson
- The people who the student lives with
- A friend

Bullying must never be kept a secret.

9.0 Dealing with bullying

9.1 All incidents of bullying will be taken seriously and dealt with as quickly as possible. Staff will do all they can to support the victims of bullying and make it clear to the bully that this behaviour is not acceptable.

9.2 In dealing with bullying, academy staff must:

1. Not ignore it
2. Not make premature assumptions
3. Listen to all accounts of the incidents
4. Adopt a problem-solving approach that encourages students to find solutions rather than simply justify themselves. Restorative Justice approaches will be used where appropriate by trained staff
5. Make regular follow-up checks to ensure that bullying has not resumed
6. Ensure that all relevant personnel within school (PLA/Vice Principal) have been informed in person or via CPOMS
7. Record the incident promptly on the appropriate preforms, as soon as practically possible after the incident, ideally within the day (cpoms)
8. Ensure incidents are reviewed to identify students, type, style and location of bullying. This will enable the academy to identify patterns and to develop appropriate action plans
9. Action will be implemented as appropriate and in consultation with all parties concerned.
10. Liaise with the Special Educational Needs Co-ordinator (SENCO) and Vice Principal must be made to ensure there is a targeted support to address the underlying issues.

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9.3 Procedure to support a student who has been bullied

1. Talk to the student away from other students, but with other staff close by.

2. Listen to the student's account of the incident.

3. Reassure the student that reporting the bullying incident was the right thing to do.

4. Make it clear to the student that she/he is not to blame for what has happened.

5. Ideally, allow the student to write a statement or make a note of what they have said.

6. Explain that the student should report any further incidents to a teacher or other member of staff immediately.

9.4 Ask the student:

1. What happened?
2. Whether or not this was the first incident, if now how many other incidents have there been.
3. Who was involved?
4. Where it happened.
5. Who saw what happened (Staff as well as students).
6. What the student had already done about it.
7. Depending on the severity of the incident, whether parents/carers ought to be contacted

9.5 If it is appropriate the student should make a written statement which is jointly checked by the student and member of staff and where necessary amended to ensure clarity. This information must be passed on as soon as possible to the student's tutor, or in their absence, Vice Principal. It is usual to remove the accused bully and any witnesses from formal learning as soon as possible, to get them to write statements on their own about the incident.

9.6 Members of staff who witnessed the incident should be asked to write the relevant details down as soon as possible and give these to the staff investigating.

9.7 The victim should be consulted regarding their return to learning activity and where possible their views heeded.

10.0 Supporting students

10.1 Students who have been bullied

10.1.1 All students will be fully supported during this time through contacts with staff and with students. The student will make the decision who they would like to speak to.

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10.1.2 The student's own peers could have an important role in acting as counsellors or mediators. This will be developed over time.

10.2 Students who have bullied

10.2.1 It is also important for the bully to receive counselling, to prevent further incidents. Often, bullies themselves have been victims. Procedures and practices which use Restorative Justice will be used wherever possible to resolve conflicts.

10.2.2 Talk to the student about how things are going, their progress and friends.

1. Ask why they acted as they did.
2. Explain that bullying is wrong and makes others unhappy.
3. Discuss with the student how to join in with others without bullying.
4. Give the student lots of praise and encouragement for the times when she/he is being kind and considerate to others.
5. Inform and involve parents/carers when appropriate.
6. If appropriate, there could be a meeting between the victim and the bully to enable the bully to apologise/explain why, etc

11.0 Reporting and recording incidents

11.1 Bearing in mind the seriousness of these incidents it is imperative that all incidents are:

- Promptly dealt with
- Reported promptly (to the student's PLA in the first instance and if unavailable, the Vice Principal or other Senior Leader) well before the end of the day
- Recorded using the proforma available or on CPOMS
- Communicated to the student's tutor at the earliest possible opportunity.

11.2 Bullying by text message, mobile phones and social media

- Students will be warned about the need for care when giving out their mobile phone number
- A record should be kept of the date and time of any offensive messages
- Students should be encouraged to show the messages to their tutor or member of academy staff
- Students who report bullying by text message will be taken seriously
- The student's family may need to contact the police
- If such bullying is carried out on a persistent basis or if there is threat of violence, it should be treated as any other serious bullying incident
- Malicious e-mails should be dealt with in the same manner
- Students who take photographs on their phones with malicious intent should be dealt with in the same manner

11.3 The academy will follow the DfE guidance on safe internet use and ensure all students are taught how to protect themselves when using the internet. (Refer to the academy's ICT Policy for further details) [Type text] 10 of 13 St Wilfrid's Academy – Anti-Bullying Policy

12.0 Working with Parents and carers

12.1 We recognised that parents and carers have a key role to play supporting victims and counselling instigators. The academy will work closely with parents and carers to deal with bullying.

12.2 Bullying in the academy is everyone's problem. All staff, students and parents/carers should be aware that bullying exists and share a commitment to combat it and to make the academy a happier place for everyone.

12.3 Through all academy communications: Website, newsletters, displays and in meeting, the academy will ensure that parents/carers are aware of our Anti-Bullying Policy. A section will be included in the academy's Information to Parents' Handbook on our Anti-Bullying policy and relevant sections, to support parents/carers.

12.4 Parents/carers and families are often the first to detect signs of bullying. Common physical symptoms include headaches, stomach aches, anxiety and irritability.

12.5 The academy will encourage parents/carers who suspect that a child is bullying or being bullied to immediately contact the academy and make an appointment to see the student's tutor or in their absence, the House Director or Assistant Principal-Inclusion as soon as possible.

12.6 Parents/carers will be informed of incidents and will be involved in discussions. The academy will discuss with parents/carers how they can work together to stop the bullying.

13.0 Reinforcement of the Anti-Bullying Policy

13.1 This policy will be reinforced effectively across the academy via the following:

1. PSHE lessons will cover bullying and in response to specific incidents where appropriate.
2. As part of our transition programme, an anti-bullying element will be included to re-assure and support students who referring school colleagues identify as being particularly at risk will be given additional support and this should be discussed at the transition meeting.

14.0 Dealing with persistent Bullying

14.1 If counselling and other preventative measures, such as peer support strategies do not succeed, persistent bullying will be dealt with under the academy's discipline policy. The bully may for example:

1. Be removed from the group.
2. Be put in detention.
3. Be banned from an academy trip or other events where these are not an essential part of the curriculum.
4. Referred to the academy's police liaison officer.

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14.2 In the most serious cases, exclusion may be considered if the bullying:

1. Involves serious actual or threatened violence against another student.
2. Amounts to persistent and defiant misbehaviour.

15.0 Putting Policy into Practice

15.1 The academy will at the earliest opportunity ensure that the following practices are established to either prevent bullying or deal effectively with bullying incidents:

- Actively promote anti-Bullying campaigns delivered through assemblies and supported in PSHE and tutor time
- Improve communication with parents and carers, to ensure that they are well-informed of all reported incidents involving their son or daughter.
- Apply consistent and firm sanctions to all aspects of bullying. Student who persistently bully other will be supported through an increasingly robust series of measures to help them resolve their problems.

16.0 Performance Indicators

16.1 The academy will use a number of performance indicators to gauge the extent of bullying, in line with section 8 above:

- Student behaviour on the site
- Levels of punctuality and attendance
- Evident of self-discipline
- Good manners and consideration for others
- Levels of exclusion
- Police referrals
- Referrals through the pastoral support programme for agency involvement
- Feedback from students parental/carers questionnaires

17.0 Monitoring and review of this policy

17.1 This policy will be monitored and reviewed on an annual basis, to ensure that current legislation and best practice is recorded in here by the Vice Principal.

17.2 This policy will be additionally reviewed when there are changes in legislation or guidance from the DfE, to ensure that best practice is effectively applied to all Academy procedures. [Type text] 12 of 13 St Wilfrid's Academy – Anti-Bullying Policy

18.0 Approval by the EAB and review date

18.1 This policy has been formally approved and adopted by the Local Governing Body at a formally convened meeting

Signed:

Date: 6th October 2016

Review date: September 2017

End of Anti-Bullying Policy [Type text] 13 of 13 St Wilfrid's Academy – Anti-Bullying Policy

Appendix 1: Useful references

- a. www.dfes.gov.uk/bullying
- b. www.childline.org.uk
- c. www.peersupport.co.uk
- d. www.bbc.co.uk/education/bully/index.htm
- e. http://www.transformingconflict.org/Resorative_Justice_in_School.htm